



# Top 10 tips for choosing the right care home



1. Check the home's rating and most recent report on the website of the national regulator, the Care Quality Commission ([www.cqc.org.uk](http://www.cqc.org.uk))
2. For extra reassurance, search out reviews of the home on the website [www.carehome.co.uk](http://www.carehome.co.uk)
3. Satisfy yourself that the home is safe, caring, effective, responsive to people's needs and well led.
4. Look for care homes where staff embrace the needs of the whole family, not just the resident, and treat individuals with compassion, kindness, dignity and respect.
5. Do you feel that residents in the home are treated as individuals with their likes and dislikes taken into account?
6. Find out whether the staff looking after you or your loved one are adequately skilled. You should always feel that their support is helping residents to live the life they want to.
7. Think about whether the care home is close enough to family, friends and community facilities.
8. Does the home promote meaningful activities and is it at the heart of the community?
9. Are you happy with the home's features and facilities? For example, a large garden is important to some people.
10. Consult an independent financial advisor for help with financing for care.